

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 am Chair Yoga with Magda 9:30 am Essentrics® Aging Backwards Workout to Boost Energy 10:30 am Scottish Country Dancing 1:30 pm Line Dancing - Orrville	2 11:00 am Public Skating
3 11:00 am Public Skating	4 9:30 am Chair Yoga with Magda 10:00 am Exercise for Healthy Aging with Susan 1:00 pm Pickleball in Foley 2:30 pm Council Meeting 6:30 pm Pickleball	5 9:30 am Pickleball in Orrville 1:00 pm Christie Seniors Cards	6 10:00 am Exercise for Healthy Aging with Susan 11:00 am Adult Skate 1:00 pm Humphrey Seniors Cards 5:00 pm Mindfulness Based Cognitive Therapy Workshop 6:30 pm Pickleball 7:00 pm Darts - Drop-in	7 9:30 am Seguin Business Association 9:30 am Pickleball in Orrville 10:00 am Parent and Tot Skate 1:00 pm Pickleball in Foley	8 9:30 am Chair Yoga with Magda 9:30 am Essentrics® Aging Backwards Workout to Boost Energy 10:30 am Scottish Country Dancing 1:30 pm Line Dancing - Orrville	9 10:00 am Orrville Christmas Market
10 10:00 am Remembrance Day Ceremony - Foley 11:00 am Remembrance Day Ceremony - Rosseau 1:00 pm Public Skating	11 9:30 am Chair Yoga with Magda 10:00 am Exercise for Healthy Aging with Susan 11:00 am Remembrance Day - Humphrey 11:00 am Remembrance Day - Orrville 1:00 pm Pickleball in Foley 6:30 pm Pickleball	12 8:30 am Old Timers Coffee Time 9:30 am Pickleball in Orrville 1:00 pm Christie Seniors Cards	13 9:30 am Chair Yoga with Magda 10:00 am Exercise for Healthy Aging with Susan 11:00 am Adult Skate 1:00 pm Humphrey Seniors Cards 4:00 pm Committee of Adjustment 5:00 pm Mindfulness Based Cognitive Therapy Workshop 6:30 pm Pickleball 7:00 pm Darts - Drop-in	14 9:30 am Pickleball in Orrville 10:00 am Parent and Tot Skate 1:00 pm Pickleball in Foley	15 9:30 am Chair Yoga with Magda 9:30 am Essentrics® Aging Backwards Workout to Boost Energy 10:30 am Scottish Country Dancing 1:00 pm PD Day Skating 1:30 pm Line Dancing - Orrville 6:30 pm Pickleball in Orrville	16 1:00 pm Public Skating
17 1:00 pm Public Skating	18 9:30 am Chair Yoga with Magda	19 9:30 am Pickleball in Orrville	20 9:30 am Chair Yoga with Magda	21 9:30 am Pickleball in Orrville	22 9:30 am Chair Yoga with Magda	23

	<p>10:00 am Exercise for Healthy Aging with Susan</p> <p>2:30 pm Council Meeting</p> <p>6:30 pm Pickleball</p>	<p>1:00 pm Christie Seniors Cards</p>	<p>10:00 am Exercise for Healthy Aging with Susan</p> <p>11:00 am Adult Skate</p> <p>1:00 pm Humphrey Seniors Cards</p> <p>5:00 pm Mindfulness Based Cognitive Therapy Workshop</p> <p>6:30 pm Pickleball</p> <p>7:00 pm Seguin Recreation and Culture Committee</p> <p>7:00 pm Darts - Drop-in</p>	<p>10:00 am Parent and Tot Skate</p>	<p>9:30 am Essentrics® Aging Backwards Workout to Boost Energy</p> <p>10:30 am Scottish Country Dancing</p> <p>1:30 pm Line Dancing - Orrville</p> <p>6:30 pm Pickleball in Orrville</p>
<p>24</p> <p>1:00 pm Public Skating</p>	<p>25</p> <p>9:30 am Chair Yoga with Magda</p> <p>10:00 am Exercise for Healthy Aging with Susan</p> <p>1:00 pm Pickleball in Foley</p> <p>6:30 pm Pickleball</p>	<p>26</p> <p>9:30 am Pickleball in Orrville</p> <p>1:00 pm Christie Seniors Cards</p> <p>4:00 pm Finance Committee Meeting</p>	<p>27</p> <p>9:30 am Chair Yoga with Magda</p> <p>10:00 am Exercise for Healthy Aging with Susan</p> <p>11:00 am Adult Skate</p> <p>1:00 pm Humphrey Seniors Cards</p> <p>5:00 pm Mindfulness Based Cognitive Therapy Workshop</p> <p>6:30 pm Pickleball</p> <p>7:00 pm Darts - Drop-in</p>	<p>28</p> <p>9:30 am Pickleball in Orrville</p> <p>10:00 am Parent and Tot Skate</p> <p>1:00 pm Pickleball in Foley</p>	<p>29</p> <p>9:30 am Chair Yoga with Magda</p> <p>9:30 am Essentrics® Aging Backwards Workout to Boost Energy</p> <p>10:30 am Scottish Country Dancing</p> <p>1:30 pm Line Dancing - Orrville</p> <p>6:30 pm Pickleball in Orrville</p>